

Some Players:

"DON'T COUNT THE DAYS, MAKE THE DAYS COUNT."

C	COACH NAME				
Session No.	Date:	Theme:		Players:	Duration:
Key Factors	Technical	Tactical	Physical	Psychological	Social
Most Players:					

Objectives	Time	Diagram	Instructions	Coaching Points
			Organization:	<u>Skills:</u>
				JKIII3.
arm-Up				
				<u>Technique:</u>
			Equipment:	

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			Organization:	Skills:	
				Technique:	
			<u>Equipment</u> :		

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			<u>Equipment</u> :	

Objectives	Time	Diagram	Instructions	Coaching Points
			Organization:	Skills:
				Technique:
			Forder and	
			Equipment:	

Objectives	Time	Diagram	Instructions	Coaching Points
			Organization:	Skills:
				Technique:
				recinique.
			Equipment:	

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			Organization:	Skills:
				<u>Technique:</u>
			<u>Equipment</u> :	

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