# **Club Protocol- Parents & Players**

# **Players**

* It is recommended that all players utilize the “Self-Check” on

[Ontario COVID-19 Self-Assessment App](https://covid-19.ontario.ca/self-assessment/)

* If you experience any of the symptoms, please follow recommendations and contact your medical health provider.
* Do not carpool unless with immediate family members.
* Always follow the instructions from coaches and respect physical distancing.
* Arrive no more than 25 minutes prior to activity commencing.
* Do not congregate at the facility entry point.
* Arrive prepared to train – changing rooms will not be in use.
* Bring your own water bottles clearly labelled with your name.
* Do not share water bottles.
* Follow the hygiene protocols in this document.
* Physical distancing of two (2) metres (6 feet) must be maintained.
* No more than 1 person per 4m².
* All “non-essential” contacts should be avoided (handshakes, high 5’s, etc.).
* Only use your own equipment.

# **Parents**

* Follow the [hygiene protocols](#Hygiene) in this document.
* Avoid congregating at facility entry points.
* Remind players to arrive to training dressed and ready, as change rooms will not be available.
* Only one parent/guardian attending soccer activities.
* Parents/guardians to keep a reasonable distance from the field.
* No more than 1 person per 4m².
* Ensure to check-in with coach for completion of attendance at the soccer activity.
* At home, ensure all the player’s equipment is washed separately from the other household items.
* Ensure child is healthy and has no sign of COVID-19 symptoms.
* Drop and pickup player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator if allowed.
* Snacks should be discouraged, however if allowed, ensure they are consumed and/or disposed of on site and not taken home.